



Thank you for your service! Please see the table below for actions you may want to take to prepare for your deployment.

### Deployment Checklist

- ☐ Consider adding a power of attorney to your account so someone you trust can conduct business on your behalf while you are away, and designate someone to make healthcare decisions on your behalf.
- ☐ Consider adding a user to your account to help you manage payments or complete other select actions at your request.
  - [Add or Remove Authorized Users](#)
  - [Add an Account User](#)
- ☐ Download the Capital One Mobile App on your mobile device or any devices you will have access to and then review and set up the following alerts:
  - Add / delete email, phone, address info
  - Get push alerts to your phone and select which alerts go to where
  - Turn alerts on / off
  - Activate / deactivate the Quick Balances Widget
- ☐ Register for online access to your accounts and save passwords as needed.
- ☐ Establish automatic payments to have your bills paid.
- ☐ Update the address and personal information on your accounts, including email addresses, and add a temporary change-of-address if needed.
- ☐ Make sure that a request for SCRA benefits is made during active duty or within one year of leaving or completing active duty.

You can visit [militaryonesource.mil](http://militaryonesource.mil) for more information about the SCRA. Military OneSource is a Department of Defense-funded program that has policy and program information, helpful resources, products, articles, and tips on numerous topics related to military life.